## **DEBBIE JACKSON**

## CEREMONIALIST/ALCHEMIST



## Committed to inner peace and prosperity for all, through realization of SELF and our true nature.

Debbie is a student and practitioner of psychology, achieving a BA in Psychology and a Master of Science in Organisational Behaviour. Her focus, in her wisdom years, is on healing in community with like-minded souls in supportive and intentional group settings.

With decades of experience in Organisational and Human Resource Development, Debbie's love is Group Process Facilitation. Through professional work in the corporate and non-profit world, she has facilitated discussions and activities for personal and professional development, race relations, diversity awareness and recovery from extreme life experiences, primarily with cancer survivors. Shifting from strategic planning for banks, law firms, and helping agencies, Debbie's focus now is on the global healing community of lightworkers and holistic practitioners. She seeks to guide individuals who have found their special magic and wish to maintain a clear pathway with Source energy to provide ongoing support and positive outcomes for themselves and the communities that they serve.

A student of yoga with over 40 years of practice, Debbie is a Bhakti Yogi following a path of love, devotion, and service. This pursuit has included silent retreats and sitting at the feet of teachers and Swamis around the world, chanting mantras, studying sacred texts, and serving in community at ashrams and retreats. Yoga has been a compass for finding the pathway to her own heart and clearing karma. A certified Shamanic Breathwork Facilitator™, Debbie has worked with many healing circles motivated to discover the gems that lie in our subconscious, and to engage useful resources for understanding how we function in our daily lives. The quest is for continuous healing of personal and generational challenges. In addition to certification through the Venus Rising Institute of Shamanic Arts in North Carolina, USA, Debbie has travelled to South America to work directly with the Shamans of the Indigenous Peoples to receive healing, knowledge and understanding of the support available to us through nature and within our own nature.

Guiding ritual and ceremony includes each one in the circle. This is not a "teaching to"; it is a "learning from and with each other."