

"Imagine being made by the best artist into an instrument, a cello or a guitar or whatever catches your fancy. Then imagine being played by a prodigy...and being heard by all attuned ears with the same heart that made you. Imagine that you are all these things.

Imagine this kind of alignment."

-From Rifles to Roses

IVO NOST [NAH-s-r] is a mentor, speaker, author working internationally. In her anecdotal and light-hearted way, she guides **Modern Mind: Open Up • Align • Focus • Shine**©. Her private Intuitive Readings, classes, on-going dialogues, and life testimonials give hope and inspire mind expansion and action. She is the author and narrator of *From Rifles to Roses: Memories and Miracles (Foreword by best-selling author Elizabeth Gilbert)* available in audio, print, and digital on channels and in bookstores worldwide. www.lvaNasr.com



"Our minds at their highest resonance create miracles"

Iva began professionally in corrective management and marketing and then turned to the healing arts, phenomena, and broad-minded spirituality. She practices neutrality, shaping her power of perception and reality. This focus leads to amazing experiences -MIRACLES. She shares this mind with anyone and anything willing to join this magic carpet ride, soaring beyond limitations to reach the impossible. Two of her signature classes and keynotes are Wireless Communication: Dialogue with the Divine® and Modern Mind: Open Up • Align • Focus • Shine®

Iva lived along the shores of the Mediterranean, the mountains of Appalachia, traveled to the old cities of Europe and to the waters of Hawaii and Bermuda. She is now in the rolling hills of Midwest America. She has an affinity for elephants, monkeys, dolphins, and fireflies, to name a few. She honors all life. She loves to laugh. She loves to dance. She loves simplicity within chaos and order.

Her wish is to spread a platform all over the world like fireworks, blazing the remarkable human heart with miracles, already proven possible.

The Beach Retreat Skagen 2024

Iva is delighted to be in Skagen to inspire this mind of ALL possibilities through stories, and experience, and to be inspired by the vision of everyone at this gathering.

On a 'Freedom Walk for Love' on the beach to the lighthouse, we each align our essence with Holy Presence. Step by step, we focus and ripple our infinite power of co-creation to the world, translating "what has been" to this precise moment of unity.

Iva shares how to petition for love, levity, and miracles.